

## Carrots.

**G**arden Carrots are so well known, that they need no Description; but because they are of less physical Use than the wild Kind (as indeed almost in all Herbs the Wild are most effectual in Physick, as being more powerful in Operation than the Garden Kinds) I shall therefore briefly describe the Wild Carrot.

*Descript.*] It groweth in a Manner altogether like the Tame, but that the Leaves and Stalks are somewhat whiter and rougher. The Stalks bear large Tufts of white Flowers, with a deep purple Spot in the Middle, which are contracted together when the Seed begins to ripen, that the middle Part being hollow and low, and the outward Stalk rising high, maketh the whole Umbel to shew like a Bird's Nest. The Roots small, long and hard, and unfit for Meat, being somewhat sharp and strong.

*Place.*] The wild Kind groweth in divers Parts of this Land plentifully by the Field-sides, and untilled Places.

*Time.*] They flower and seed in the End of Summer.

*Government and Virtues.*] Wild Carrots belong to *Mercury*, and therefore break Wind, and remove  
*Wind, Stitches, provoke Urine and the Terms, Stone, Dropsy, Cholick, Barrenness, Ulcers.* Stitches in the Sides, provoke Urine and Womens Courses, and helpeth to break and expel the Stone; the Seed also of the same worketh the like Effect, and is good for the Dropsy, and those whose bellies are swollen with

Wind; helpeth the Cholick, the Stone in the Kidneys, and Rising of the Mother; being taken in Wine or boiled in Wine, and taken, it helpeth Conception. The Leaves being applied with Honey to running Sores or Ulcers, do cleanse them.

I suppose the Seeds of them perform this better than the Roots; and tho' *Galen* commended Garden Carrots highly to break Wind, yet Experience teacheth they breed it first, and we may thank Nature for expelling it, not they; the Seeds of them expel Wind indeed, and so mend what the Root marreth.

Carraway,